

**'Our philosophy is to provide quality food, exceptional service and outstanding value'**

## **Starters**

1. **Pan Fried Onion Balls (V)** .....£4.50  
Onion Pakora pan fried with touch of garlic, ginger, spring onions, coriander and tomatoes
2. **House Special Crab Cake** .....£6.95  
Crab meat mixed with crusted potatoes, toasted cumin, fennel & Coram seeds, spices, fresh herbs and served with tarter chutney
3. **Bhaji Mix (V)** Onion Bhaji and Samosa served with tamarind chutney .....£4.95
4. **Momo** (Lamb or Chicken) Nepalese special steamed lamb or chicken dumplings served with tomato chutney .£5.95  
*Please allow minimum 20 minutes - most popular Nepalese appetizer – worth waiting for*
5. **King Prawn Puri** King Prawns cooked with Nepalese spices and served with deep fried Indian bread "Puri"..£6.95
6. **Drunken Chilli King Prawns**  (Eating in only) ..... £7.95  
Pan fried marinated king prawns cooked with cherry tomatoes, chillies, white wine and coriander
7. **Aloo Chana Puri (V)** .....£4.95  
Potatoes and chick peas cooked with fresh herbs and spices, served with deep fried Indian bread "Puri"
8. **Magic Chicken Tikka** .....£5.95  
Chicken breast marinated with garlic, ginger, herbs, cashew nuts, cream served with fresh mint & yoghurt chutney
9. **Herbs Crusted Deep fried Calamari with sweet chilli sauce**  (Eating in only) .....£5.95  
Squid rings marinated with chef's special spiced battered and served with sweet chilli sauce
10. **Mixed Kebabs** ..... £5.95  
Spiced chicken minced meat and lamb minced meat cooked in Tandoori oven and served with fresh mint and yoghurt chutney
11. **Tandoori Rack of Lamb** .....£8.95  
Beautifully marinated rack of Lamb cooked in oven & served with Chefs special fresh mint, yoghurt, grated lime zest and green chilli chutney

## **Oven Dishes (Main)**

*(Taste card discount not available in this section)*

12. **Tikka Special (Chicken or Paneer or White Fish)**  
Diced Chicken or Paneer or Fish marinated with yoghurt & spices and cooked in oven..... £9.95
13. **Shaslik Special (Chicken or Lamb or Duck or White Fish)**.....£11.95  
Diced meat cooked in oven and served with roasted mixed peppers, onions & tomatoes
14. **Fish Mix Grill** .....£14.95  
Selection of Fish (**Salmon, Tilapia, Haddock & Cod**) marinated with roasted cumin, dill, coriander, parsley, coram and spices cooked in the oven and served with plain Nan bread.
15. **Everest Mix Grill** .....£14.95  
Selections of tandoori chicken, lamb sheek kebab, chicken tikka and lamb tikka served with plain Nan bread
16. **Chicken Grill**.....£13.95  
Selection of Chicken tikka, tandoori chicken, chicken sheek kebab and magic tikka served with plain Nan bread

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## Chef's Recommended Nepalese Dishes

- 17. Bhutuwa Special (Duck/ Chicken/ Lamb) – *Garam Masala and Herbs***..... £11.95  
 (Duck or Chicken or Lamb) cooked with ginger, garlic, black pepper, cardamom, cumin, tomato, herbs & spices
- 18. Fish Modi Khola- *Mustard and Yoghurt*** ..... £10.95  
 Marinated white fish cooked in special Nepalese spices, mustard, cinnamon powder, ginger and fresh herbs with touch of yoghurt – **The Villagers recipe from the Modi River, western part of Nepal**
- 19. Hariyali (Chicken or Lamb) – *Mint and Cream***..... £11.95  
 Tender pieces of Chicken or Lamb cooked with fresh mint, spices, touch of fresh cream, spring onions & coriander
- 20. Nepal (Chicken or Duck) (*Mild*) – *Mango and Almond*** .....£11.95  
 Barbecued meat cooked with cashew nuts, coconut, almond, cardamom pod and mango slices in mild creamy sauce
- 21. Chicken Lasun Khursani  *Madras Hot!-Chilli and Garlic***.....£10.95  
 Tender pieces of Chicken cooked with fresh green chillies, garlic and spring onions
- 22. House Special Mix Karahi-  *Wine and Tomatoes***.....£11.95  
 Mixture of chicken, tender lamb and sheek kebab cooked with tomatoes, capsicum, coriander in medium spices and tossed with red wine in Karahi.
- 23. Chicken Chilli Masala  *Madras Hot!-Chilli and Cream*** .....£10.95  
 Barbecued chicken cooked in Nepalese spiced creamy masala sauce with a touch of fresh green chillies, spring onions and fresh corianders
- 24. Gorkhali (Chicken or Lamb)  *Madras Hot! –Chilli and Yoghurt***.....£11.95  
 Boneless chicken or Lamb marinated with herbs & spices cooked with a touch of yoghurt and green chillies
- 25. Paneer Chilli Masala (V)  *Madras Hot!- Chilli and Cream*** .....£8.95  
 Cottage cheese cooked in spiced masala sauce with green chillies, spring onions & coriander
- 26. Himalayan King Prawns  *Madras Hot!-Yogurt and Curry Leaf***..... £12.95  
 Prawns cooked with crusted mustard, curry leaf, chilli, mix spices and touch of yoghurt & fresh herbs
- 27. Lakeside Fish- dry fry – *Mustard and Tomatoes***.....£10.95  
 Marinated diced white fish, pan fried with crusted mustard, garlic, lemon jus, spring onions, ginger & spices



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**Everest Special Platter** 🌶️ (Eating in only)  
 (Taste card discount not available in this section)

- 28. Tandoori Chicken Fillet with Creamy Mushroom Sauce**..... £12.95  
 Chicken fillet marinated with yoghurt, cumin, coriander, chilli & fresh herbs and served with creamy mushroom sauce and pilau rice
- 29. Lamb Shank Special - Chefs Signature dish**..... £14.95  
 Spiced Lamb Shank slow cooked in chef's special spices with brown onions & green herbs served with rice
- 30. Malabar Prawn Special** – Most popular dish and recipe from Kerala – South India..... £14.95  
 King Prawns cooked with onions, ginger, garlic, curry leaf, mustard, coconut milk, chilli, tomatoes and fresh herbs and served with pilau rice
- 31. Dahi Kadhi with onion Ball and Rice (V)** ..... £9.95  
 Onion Balls toasted in curry yoghurt sauce and curry leaf served with plain boiled rice  
 Popular villager's recipes from Tarai region of Nepal
- 32. Whole Tandoori Sea Bass with Green Beans & Potatoes**.....£13.95  
 Whole sea bass marinated with cumin, onion seeds, spices and cooked in oven and served with fresh green beans, potatoes & roasted onion.
- 33. Stir-fry Duck with Mushroom, Green Beans and Pilau Rice**.....£14.95  
 Marinated barbequed duck cooked with fresh mushrooms, green beans, garam masala, Spices in brown onions and fresh green herbs served with pilau rice
- 34. Roasted Salmon fillet with potatoes and Yoghurt sauce**.....£12.95  
 Salmon fillet with fennel seeds, cumin, coriander, coram & spices cooked with potatoes & yoghurt curry sauce
- 35. Fish Chilli Fry with Mix Pepper & Onion Rice**.....£13.95  
 Marinated diced white fish pan fried with crusted mustard, garlic, lemon jus, spring onions, ginger & spices served with pepper onion fry rice

**Traditional Dishes**

**Vegetable £7.95**

**Chicken £8.95**

**Lamb £10.95**

**King prawn £11.95**

- 36. Tikka Masala (Mild)** Cooked In butter, ground almonds, tomatoes, fresh cream and Chef's special masala sauce
- 37. Korma (Mild)** Cooked with coconut in very mild creamy sauce
- 38. Bhuna** 🌶️ Cooked with special medium spicy sauce
- 39. Sag** 🌶️ Medium spiced sauce, cooked with spinach
- 40. Rogan** 🌶️ Medium spiced sauce, cooked with tomatoes and herbs - Recipe from North India
- 41. Dhansak** 🌶️🌶️ Hot, sweet and sour and cooked with lentils
- 42. Jalfrazi** 🌶️🌶️ Cooked with peppers, onions, green chillies and special herbs
- 43. Curry** 🌶️ (Medium) or **Madras** 🌶️🌶️ (Hot) or **Vindaloo** 🌶️🌶️🌶️ (very hot)

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## Vegetable Dishes Side £4.95 Main £7.95

44. **Tarka Dal** Lentils cooked with garlic and mild spices
45. **Bombay Aloo** Spicy potatoes
46. **Aloo (with Gobi or Simi or Brinjal)** Potatoes cooked with cauliflower or fine green beans or Aubergine
47. **Mix Vegetables** Selection of vegetables
48. **Chana Masala** Chickpeas cooked in medium spices
49. **Sag (Aloo or Paneer)** Spinach with potatoes or spinach with cottage cheese
50. **Bhaji Selection** (Mushroom/ or Brinjal/ or Bhindi/ or Onion)

## Rice & Biryani

51. **Plain Rice** Boiled basmati rice..... £2.50
52. **Pilau Rice** Saffron flavoured basmati rice ..... £2.95
53. **Mushroom Rice** Pilau rice cooked with mushrooms..... £3.50
54. **Egg Fried Rice** Basmati rice cooked with eggs..... £3.50
55. **Special Fried Rice** Basmati rice fried with eggs, green peas and mushrooms..... £3.95
56. **Vegetable Biryani (V)** served with cucumber raita ..... £9.95
57. **Chicken Tikka Biryani** served with cucumber raita ..... £11.50
58. **King Prawn Biryani** served with cucumber raita ..... £13.95

## Nan Bread & Sundries

59. **Tandoori Roti** Popular Indian bread made from whole wheat flour ..... £2.50
60. **Plain Nan** ..... £2.50
61. **Garlic Nan** Bread topped with fresh garlic and coriander..... £3.50
62. **Peshawari Nan** Bread stuffed with nuts and seeds..... £3.50
63. **Keema Nan** Bread stuffed with spicy minced meat..... £3.95
64. **House Special Cheese Nan**..... £3.95
65. **Potato Fries "CHIPS"** ..... £1.95
66. **Raita**..... £1.95
67. **Papadum (Plain or Spicy)**..... £0.80
68. **Pickles Tray** (Carrots / Lime/ Mango/ Mint) ..... £1.20

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